

| fact sheet |

BOTOX[®] COSMETIC SKIN TREATMENT

What is Botox Cosmetic?

Botox[®] Cosmetic is one of the most praised cosmetic skin treatment advances available in the quest to treat facial wrinkles.

Botox Cosmetic is a dilute extract of botulinum toxin A. When placed in muscles, it blocks the transmission of acetylcholine from the nerves to the muscle, which in turn causes the muscle to relax. The result is fewer wrinkles and lines. In addition, Botox can relieve excessive sweating and migraine headaches. The effect lasts three to four months for wrinkles and six to 12 months for hyperhidrosis (excess sweating).

How safe are Botox Cosmetic treatments?

Botox Cosmetic is one of the safest medical procedures ever invented. Millions of injections are performed safely throughout the world every day. Minor side effects that may occur are resolved on their own without serious problem. Rest assured, Botox Cosmetic treatments are completely safe—no worries, no wrinkles.



Which wrinkles improve most with Botox Cosmetic?

Botox Cosmetic is particularly effective for the relief of forehead and frown lines, bunny lines on the nose, crow's feet around the eyes, and upper lip puckers which become apparent when you smile or grimace. These wrinkles are called dynamic wrinkles and are due to the effects of underlying facial muscles. Not only do these muscles cause the face to appear wrinkled, but they also can cause tension headaches.

Botox Cosmetic can also be used in many other areas of the face and neck for customized specialty treatments.

What are the contraindications for treatment with Botox Cosmetic?

Botox Cosmetic should not be used by some people with neuromuscular disorders such as Myasthenia Gravis. In addition, Botox Cos-

metic should not be used during pregnancy or while breast-feeding.

Does Botox Cosmetic treatment hurt?

Treatment typically takes only a few minutes to perform using ultra fine injections with minimal discomfort. After treatment, pressure and sometimes ice packs are applied to the treated area to reduce the risk of bruising. Most patients find treatments to be quick, easy, and effective.

How often should I have Botox Cosmetic treatments to maintain my results?

For optimum results, treatments are recommended 3 to 4 times a year for wrinkles and once or twice a year for excess sweating (hyperhidrosis).

Is Botox Cosmetic a substitute for collagen injections, the use of quality skin care products, or plastic surgery?

No. All of the above treatments still have a place in the treatment of wrinkles. Botox Cosmetic is suitable and remarkably effective for the treatment of expression-induced wrinkles. Fillers, laser resurfacing, Retin A, and plastic surgery may be appropriate for the treatment of wrinkles caused by the sun, cigarette smoking, sleep position, and loss of skin elasticity.

Is it true that Botox Cosmetic also treats excess sweating (hyperhidrosis)?

Yes. For people who suffer from excessive armpit sweating (auxiliary hyperhidrosis), one Botox Cosmetic treatment may provide relief for as long as six months.



Tell me about using Botox Cosmetic to treat migraine headaches.

Recent clinical studies demonstrate that Botox Cosmetic treatments are effective at relieving a significant percentage of migraine headaches. Compared with subjects who received placebo injections, the subjects treated with Botox Cosmetic experienced:

- significantly fewer migraine attacks per month
- reduced severity of attacks
- fewer days using abortive/rescue medications
- fewer episodes of vomiting

How do I schedule an appointment?

It's easy. Call Gateway Aesthetic Institute & Laser Center at (801) 595-1600 to schedule an appointment. We feature extended and weekend hours. Walk-in treatments are also available.

We are located at the south end of the Gateway Mall in Salt Lake City at 440 West 200 South, Suite 250, Salt Lake City, Utah 84101.