

CHEMICAL PEELS

How is a chemical peel performed?

The area to be treated is thoroughly cleansed and the appropriate chemical solution is carefully applied. Both the solution and the length of time that it is left on the skin will vary with skin type and whether a mild or moderate chemical peel treatment has been selected.

Can chemical peels be performed on any type of skin?

Yes. Chemical peels can be safely performed on all skin types and tones. Moderate peels, however, should be used cautiously on darkly pigmented skin types to avoid uneven pigmentation.

While chemical peels have a long history of safety, it's important that you select an experienced provider to ensure desired results.

What areas of the body are treated with chemical peels?

Chemical peels can be performed on the face, neck, chest, arms and hands.

What is the difference between a mild and a moderate chemical peel?

Mild peels are performed using fruit acids such as Mandelic, Salicylic, Lactic or Glycol-



ic acids. Moderate peels are performed using Trichloroacetic acid.

Mild peels produce minimal redness, some late peeling and no downtime. Multiple mild peels performed over several months will greatly enhance the radiance, tone, texture and color of the skin.

Moderate peels require one to two weeks of recovery, but will usually produce more dramatic results in just one treatment than multiple mild peels.

How much improvement can I expect from a chemical peel?

Mild chemical peels show noticeable improvement in texture, tone, softness, clarity, pores, age spots, fine lines and skin brightness.

Moderate chemical peels show dramatic improvement of age spots, freckles, fine wrinkles, mild scars, skin tone, texture, melasma, sun damage and uneven pigmentation.

Can chemical peels be repeated?

Yes. Mild chemical peels are considered a maintenance treatment and can be performed as often as every two weeks.

Moderate chemical peels can be repeated after six months to one year depending on the goal of the procedure. For example, melasma, a problem with abnormal facial pigment, may respond to repeated moderate and deep chemical peels, as will some other skin conditions.

What are the risks?

Mild chemical peels are considered extremely safe. On rare occasions side effects may include minimal scarring, blisters, and uneven pigmentation.

Moderate chemical peels are also considered safe but should be performed by those who have extensive experience. Moderate peels, if pushed beyond their safety limits, can cause permanent scarring, skin whitening or darkening, infections, redness and other complications.

The board-certified dermatologists and providers at the Gateway Aesthetic Institute & Laser Center have more than 30 years of combined experience doing chemical peels.

How does the cost of a chemical peel compare with a laser peel?

Chemical peels are less expensive because they do not require the use of expensive laser equipment. Sometimes a combination of chemical and laser peels will be recommended. Such a combination is often also



less expensive than a complete laser peel treatment.

How painful are chemical peels?

The sensation will vary depending on the type of peel.

Mild chemical peels produce a tingling or stinging of the skin but with little discomfort.

Moderate Chemical peels produce an intense stinging and burning for two to three minutes until the chemical is neutralized, followed by a feeling of numbness. Topical anesthesia and mild oral sedation are used to ease discomfort during the procedure.

How do I know what procedure is best for me?

Call us at (801) 595-1600 to schedule a consultation.

We are located at the south end of the Gateway Mall at 440 West 200 South, Suite 250, Salt Lake City, Utah 84101.