

MICRODERMABRASION

What is microdermabrasion?

Microdermabrasion is the treatment of facial skin using abrasive, air-driven crystals to gently cleanse and remove unsightly blemishes from the skin's surface. Microdermabrasion is an ideal treatment for regular skin maintenance to improve the appearance of sun-damage, fine wrinkles, scars, freckles, age spots, enlarged pores, and oily and acne-prone skin.

How long does the treatment take?

Microdermabrasion is a fast, simple procedure that can be performed in about 30 minutes. Microdermabrasion can be performed over a lunch hour and is an excellent choice for people who cannot take time off from work for deeper chemical peels or laser therapy treatments.

How long do the results last?

Most people see immediate results that last for three to six weeks before additional treatments are necessary.

Is microdermabrasion safe for all skin types?

Yes. Microdermabrasion is a very safe procedure to immediately improve your skin's appearance without the somewhat harsh effects of chemicals or surgery.



Have there been any reported side effects?

Since only the outer layers of the skin are affected, side effects are rare. Patients with severely damaged skin may report mild excoiriation. In extremely rare cases, scarring has been reported.

What type of results can I expect following treatment?

You can expect to see results almost immediately after the first session. However, several treatments are typically necessary for optimum results.

After a treatment session, your face will look fresh and clean and your skin will feel smooth and soft.

Will microdermabrasion eliminate acne scars?

Microdermabrasion may improve minor acne scars, but it is not intended to treat deep facial scars. See our fact sheet on scar treatment for the most effective options for severe acne scars.

Is there any recovery time required after microdermabrasion?

No. Most microdermabrasion treatments leave only temporary redness and flushing. More aggressive treatments may leave the skin blotchy for a few days. Makeup may be used immediately following treatment.

Is microdermabrasion as effective as laser resurfacing for treatment of wrinkles and scars?

No. Even with several treatments microdermabrasion does not treat the skin as deeply as laser or chemical treatments. Microdermabrasion is often used for the maintenance and finishing perfection of the skin's surface.

Is microdermabrasion painful?

No. Microdermabrasion provides a high level of exfoliation, but it is not painful. Many patients describe the feeling as similar to being licked by a kitten's tongue.

Why choose the Gateway Aesthetic Institute & Laser Center for microdermabrasion?

At the Gateway Aesthetic Institute & Laser Center, we have more than 30 years of experience as pioneers in laser and aesthetic treatments.

Not only do we use the finest grade crystals available, but our providers are also knowledgeable and experienced. Be assured that your microdermabrasion treatment from the



Gateway Aesthetic Institute & Laser Center will yield far superior results over similar spa treatments, especially for patients with sensitive skin conditions.

How do I make an appointment?

Give us a call at (801) 595-1600 to learn more and schedule a consultation with one of our skilled providers.

We are located at the south end of the Gateway Mall at 440 West 200 South, Suite 250, Salt Lake City, Utah 84101.