Laser skin resurfacing is one of the most aggressive laser procedures available today to treat the signs of aging, including wrinkles, sun damage, uneven pigmentation, and scars. Also known as a laser peel, the procedure uses laser energy to brush away the outer layers of skin to reveal healthier, smoother, and younger looking skin beneath.

Considered by many to be the “gold star” treatment in fighting the effects of aging, laser skin resurfacing can leave your skin looking naturally vibrant and youthful, without the risks associated with a face lift.

Laser Resurfacing vs. Other Treatments

The question is often asked, why would I select laser skin resurfacing over a chemical peel, microdermabrasion, or other laser wrinkle treatment? Laser skin resurfacing is more aggressive. Laser resurfacing literally peels away or removes the top layers of skin in a process that smooths deep wrinkles, evens severe pigment, and lightens facial scarring and other skin imperfections that can't be treated effectively with other cosmetic procedures.

Typically, laser resurfacing is best suited for men and women who have deeper wrinkles or more complex skin pigment concerns, or for those who suffer from severe acne scarring. Because of the variety and complexity of skin conditions, Dr. Taylor uses a combination of several lasers in his treatments, including the Ultrapulse, CO2 Erbium, and Derma K.

Downtime and Healing

While the results can be dramatic, healing time after laser resurfacing is significantly greater than for less aggressive options, so you must plan accordingly. Expect at least two weeks of down time, during which a healing ointment is applied to protect the newly exposed skin. The area heals much like a sunburn, and proper care during recovery is important to avoid risks of scarring or unnatural healing. In the weeks following treatment, it is also critical to protect the newly-exposed skin from sun exposure until redness subsides and normal color returns.

Associated Risks

Laser resurfacing yields remarkable results, but like all types of surgery, it carries risk. A prospective client’s biggest concern should be choosing a
physician with experience and expertise, someone with the ability to make critical decisions regarding treatment depth, accuracy, and the best combination of lasers suited for their individual need. If the treatment is performed improperly by an unqualified provider, serious side effects may result, including severe scarring, unnatural texture, uneven skin tone, and more.

Our Experience

At the Gateway Aesthetic Institute, the procedure is performed under local anesthesia in the comfortable setting of our in-office surgical suites. As a board-certified dermatologist with over 30 years of experience, Dr. Taylor has performed countless laser resurfacing treatments and is considered an expert in the field. He has trained physicians in the procedure worldwide. In fact, many of the clients Dr. Taylor treats are referred to him by leading physicians around the country.

Right for You?

Still wondering if it is worth it? That’s a personal decision that should be made only after careful consideration of all the facts. However, many of our clients who have had the procedure are amazed with the results and feel like we’ve turned back the hands of time.

If you are interested in speaking with Dr. Taylor about whether laser resurfacing is right for you, call our office at 595-1600 and schedule a consultation today. (See Before & After Photos on page 10.)
Laser Skin Resurfacing
Before & After Photos

Before | After

Before | After

Before | After